Husky Battalion



Welcome Aboard Guide

Version 5.3 Last Edit: 28 MAY 2024

Table of Contents

1. Introduction to New Student Orientation	4
1.1 New Student Orientation Objective	4
1.2 Reporting to UW NROTC	4
2. How to Prepare for New Student Orientation	6
2.1 Initial Steps	6
2.2 Housing	6
2.3 Husky Card Account	7
2.4 Grooming Standards and Proper Day One Attire	7
3. Military Requirements	10
3.1 Etiquette	10
3.2 Academics	10
3.3 Swimming	11
3.4 Physical Training Guidelines	12
4. Sample Weekly Schedule (School Year)	15
4.1 NROTC Extracurricular Events	15
5. Important Information	16
5.1 Incidental Expenses	16
5.2 Point of Contact Information	16
5.3 Useful Links	17
5.4 Driving Directions from SEATAC to Clark Hall	17
6. UW NROTC Frequently Asked Questions	18
6.1 FAO Sheet	18

1. Introduction to New Student Orientation

1.1 New Student Orientation Objective

New Student Orientation (NSO), held 16-20 September 2024, will introduce you to life in the unit. Furthermore, it will give you a good understanding of expectations and standards as a Midshipman (MIDN) of the Naval Reserve Officers Training Corps aboard the University of Washington (UW NROTC). Attending NSO will give you the opportunity to build teamwork-centric relationships with your fellow classmates and meet experienced members of the Husky Battalion. Students attending NSO will receive adequate time for food, hydration, and rest. NSO commences at 0530 on Monday, 16 September; hours for the remainder of the week are from 0500-1830. Proper military etiquette expects you to be present 15 minutes prior to official event start times.

During NSO, students will undergo various training exercises including physical training, a swim qualification, and a physical fitness assessment consisting of a weigh-in, plank, push-ups, and a 1.5-mile run. Marine options will do a PFT, which consists of pull-ups, sit-ups/plank, and a 3-mile run. They will also receive Navy or Marine uniforms if not already issued, learn close-order drill, and participate in activities that will help students transition into midshipman life. Students will also become familiar with the University of Washington campus environment. Please contact the New Student Orientation Admin Officer at mschr25@uw.edu for more information.

All objectives and requirements are based on or drawn directly from instructions laid out in the Naval Service Training Command Regulations for Officer Development (ROD).

Portal to NSTC ROD:

 $\underline{https://www.netc.navy.mil/Commands/Naval-Service-Training-Command/Regulations-for-Offic \underline{er-Development/}}$

1.2 Reporting to UW NROTC

You are required to pay the enrollment fees for the University of Washington or Seattle University by the date listed on your admission letter. The NROTC scholarship covers tuition and course fees; however, housing, medical, and enrollment fees are your responsibility.

Prior to reporting, please complete the required NROTC paperwork, per the "Administrative Forms Instruction Sheet." The instruction sheet is attached to the initial email you received from the New Student Orientation Admin Officer. It can also be found on the UW NROTC website

under "Menu → Accepted Students → NSO Documents". (http://nrotc.washington.edu/acceptedstudents/#accepted-students-documents)

You will need to have the following documents in your possession when reporting to the command:

- 1. Immunization record, including Sickle-Cell test.
- 2. Birth certificate, Social Security Card, Non-Expired Driver's License (or valid government ID)
- 3. Reporting-in letter from Naval Service Training Command (scholarship students only)
- 4. All administrative paperwork is contained in the "Administration" Google drive folder sent by MIDN Schreiner
- 5. Bank information (account and routing numbers, and direct deposit information)
- 6. Doctor's note detailing your ability to engage in physical activity (**only applies to non-scholarship students entering the College Program**)
- 7. Receipts for travel expenses incurred from home to UW (travel may be reimbursed)

Should you have any questions regarding the required documents mentioned above, contact the New Student Orientation Admin Officer immediately.

You are required to arrive at Clark Hall (2103 Skagit Lane, Seattle, WA 98195) no later than 0530 on Monday, 16 September 2024. A map is enclosed for your convenience. You are required to wear PTU's (Physical Training Uniform) if you have attended NSI. If you have not been issued PTU's then you will show up in civilian workout attire. You will also have a black polo, khaki pants, a brown or black belt, white socks and running shoes ready in your dorm when you show up on day 1, as you will be changing into them later in the day. Ensure that you bring a pen, and a notepad with you upon checking into the unit. Please note: You should be fully moved into your residence before reporting in at Clark Hall for NSO.

2. How to Prepare for New **Student Orientation**

2.1 Initial Steps

You must complete the following action items to be fully prepared for New Student Orientation:

- 1. Attend a UW or Seattle U "Advising and Orientation" session prior to NSO.
 - a. It is recommended that you keep your days after 1700 relatively open for NROTC training. The best way to ensure that happens is to attend an earlier A&O.
- 2. You must ensure your living arrangements have been solidified.
- 3. Have a Husky Card (student ID number) in your possession.
- 4. Register for N SCI 101 and N SCI 110, in addition to your other classes.

NOTE: When registering for classes, you'll be asked for an "add code" for the NSCI 101 course. Contact the New Student Orientation Administration Officer (mschr25@uw.edu) to receive your add code. If you are a Seattle University student, you will be unable to register until you arrive. You will, however, need to leave a block in your schedule on Tuesday and Thursday from 1400-1520, or Monday and Wednesday from *1400-1520*.

- 5. Become intimately familiar with the Welcome Aboard Guide and the New Student
- 6. Ensure you are within all grooming and weight standards prior to arriving and that you are wearing PTUs or civilian workout attire when reporting in (see 2.4 Grooming Standards).

2.2 Housing

Students who intend on residing in the dorms during the school year must apply for early arrival. Applying for early access will allow you to gain access to your respective dorm rooms prior to New Student Orientation. IT IS YOUR RESPONSIBILITY TO MAKE ARRANGEMENTS. The UW NROTC program has no authority within the realm of roommate selection or assignment; such decisions remain your responsibility. It is strongly advised that you apply for a dorm room in the immediate vicinity of Clark Hall.

Below is a list of suggested dorms within the vicinity of Clark Hall for UW Seattle students: Madrona

- McMahon

Hansee

Willow

Oak

McCarty

For students attending UW Bothell see dorm information here:

https://www.uwb.edu/campus-living/

For students attending Seattle University see dorm information here:

https://www.seattleu.edu/housing/

If you have any questions about the application process, please contact the student services office (contact information below). UW students will need to inquire about Period 2 Early Arrival Housing with respect to UW NROTC program. Seattle U students will need to submit the request for an early move-in in your housing portal.

Instructions for student housing through UW

- 1. Set up your UW NetID
 - a. This must be completed at least 5 days before you apply for housing
- 2. Set up your UW email account
- 3. Complete your Housing and Food Services (HFS) Student Profile
 - a. Link is only accessible once you have a MyUW account
 - b. https://myhfs.housing.uw.edu/myhfs/ApplyConditions.asp?Function=1449
- 4. Contact the Student Services Office and apply for Period 2 Early Arrival Housing
 - a. Phone Number: (206) 543-4059
 - b. Email Address: hfsinfo@uw.edu
 - c. Registration begins around August 16. Deadline is TBD. It is recommended you apply as early as possible.

(Date subject to change, verify with housing office)

Instructions for student housing through SU

- 1. Activate your SU account
- 2. Apply for housing through your SU housing portal
- 3. Once you have a housing assignment, apply for early arrival by filling ou the form on your SU housing portal
 - a. Fill out the form **ASAP**
 - b. Put the reason as NROTC

4. This is the first year SU students need to move in early, if you have questions are run into issues, contact the NSO Admin Officer and Admin Chief immediately.

2.3 Husky Card Account

As a UW student, you have a student debit account that can be accessed with your Husky Card. The Husky Card can be used for UW-affiliated services, which include dining facilities, the University Bookstore, parking, and laundry services. You must verify that your card works before arriving at New Student Orientation.

Funds can be added to your Husky Card Account by accessing the Online Card Office at https://www.hfs.washington.edu/olco/Default.aspx#gsc.tab=0 or by visiting the Husky Card Account and ID Center on campus. The physical office is located on the ground floor of the Odegaard Undergraduate Library, but business hours may conflict with the NSO training. Therefore, all issues or concerns must be addressed before arrival

2.4 Grooming Standards and Proper Day One Attire

You must adhere to the grooming standards reporting in and adhere to proper civilian attire during your time in ROTC:

Navy Regulations:

Note: If the below links do not open, copy and paste into your browser's search bar

Chapter 2 Section 2 - Grooming Standards

The following link contains general Navy regulations regarding personal appearance. Arrive at NSO in compliance with Navy grooming standards. Pay special attention to shaving and haircut. https://www.mynavyhr.navy.mil/References/US-Navy-Uniforms/Uniform-Regulations/Chapter-2/2201-Personal-Appearance/

Chapter 7 Section 1 - Civilian Clothing

The following link contains general Navy regulations regarding civilian clothing. Pay particular attention to the shoes you wear during the week. A belt must be worn with any article of clothing that has belt loops.

https://www.mynavyhr.navy.mil/References/US-Navy-Uniforms/Uniform-Regulations/Chapter-7/101-General-Information/

Marine Corps Regulations:

https://www.hqmc.marines.mil/Agencies/Marine-Corps-Uniform-Board/

Scroll down to References \rightarrow MCO 1020.34H - Marine Corps Uniform Regulations after following the link. Page 1-6 refers to a page number (i.e. 1-1, 1-2 ... 1-6) and not the range of pages 1 through 6.

Chapter 1 - Personal Appearance (pg. 1-4 to 1-18, or PDF pages 19-33)

The aforementioned section contains general Marine Corps regulations regarding personal appearance. Arrive at NSO in compliance with Marine Corps grooming standards. **Pay special attention to shaves and haircuts**.

Chapter 1 - Civilian Attire (pg. 1-18 to 1-20, or PDF pages 33-35)

The aforementioned section contains general Marine Corps regulations regarding civilian clothing. Arrive at NSO in compliance with the civilian clothing standards. Pay particular attention to the shoes you wear during the week. A belt must be worn with any article of clothing that has belt loops.

<u>Hair</u>

Male haircut:

Navy: Hair will be no more than 2 inches in bulk, 4 inches in length and not to extend below the eyebrows when headgear is removed or show underneath when headwear is worn. Full description here:

https://www.mynavyhr.navy.mil/References/US-Navy-Uniforms/Uniform-Regulations/Chapter-2/2201-Personal-Appearance/#2201.1

Marines: No male Marine will be required to have his entire hair length clipped to the scalp except while he is undergoing recruit training or when such action is prescribed by a medical officer. For full description, see the above Marine Corps link above and see page 1-11 (or PDF page 26).

Female bun

(Navy & Marine Corps): https://www.youtube.com/watch?v=dtOPQ1s8J80

All loose ends must be secured. If hair is worn down, the face area will be clear and hair will not extend past the collar. The wear of a single braid, French braid, or a single ponytail in Service, Working, and PT uniforms is authorized. Refer to the personal appearance sections of the Navy and Marine Corps regulations for further clarification.

3. Military Requirements

3.1 Etiquette

Midshipmen are expected to comport themselves in accordance with Navy and Marine Corps rules of etiquette. The following rules are of high importance.

- 1. All Battalion members will come to attention when the Commanding Officer (CO) enters a room with one Battalion member announcing "Attention on Deck."
- 2. Battalion members will stand at attention when addressed by an officer, then assume parade rest if told to relax. Officers or civilian personnel will be addressed as sir or ma'am, or by appropriate title respectively.
- 3. If any member is in uniform and covered while approached by an officer, the member will give the appropriate salute and greeting of the day. After the officer has returned or acknowledged the salute, bring your hand smartly to your side.
- 4. Timeliness is an essential element of both etiquette and professionalism. Being 15 minutes early for all official business is the standard expectation in the Battalion and the fleet.
- 5. Battalion members shall not chew gum while in uniform. It is inappropriate to eat, drink, or use a cell phone when walking in uniform. This includes any Bluetooth devices unless authorized. Polo and khakis are considered uniform for this purpose.
- 6. Battalion members are required to carry themselves with professionalism at all times.

3.2 Academics

Academic achievement comprises one-third of the NROTC mission of developing midshipmen morally, mentally, and physically.

- 1. Naval science courses are required for the Autumn (A), Winter (W), and Spring (Sp) quarters during each year. Freshmen classes include NSCI 101 (A), 102 (W), 103 (Sp).
- 2. All students enroll in NSCI 110 each academic quarter. This is for regular Tuesday morning drill lab, which will take place prior to the start of the day's classes.
- 3. The NROTC program incorporates additional academic requirements beyond those required for your major. These include two quarters of calculus and calculus-based physics, English writing, American history or national security policy course, and a non-western world culture / regional studies course.
- 4. NROTC regulations require that students take between 15 and 18 credits; any deviation must be approved by the Commanding Officer via the chain of command.

- 5. Failure to pass classes or advance in accordance with UW policy may result in a drop of the program. Attendance at all classes and labs is mandatory for NROTC students.
- 6. Students meet with NROTC class advisors quarterly (at a minimum) to discuss progress and performance.
- 7. Students should be aware that transitioning into both the Naval ROTC unit and college, in general, takes significant adjustment. Taking both Calculus and Calculus-based physics during the first quarter has proven to be very difficult for students in the past.

3.3 Swimming

As members of a naval service, a basic knowledge of swimming techniques and water survival skills are crucial.

- 1. Students are expected to report to the University of Washington with basic swimming skills and the ability to pass, at minimum, the Navy 3rd Class Swimmer test with the goal of reaching 2nd Class Swimmer standards before commissioning. Failure to qualify as a 3rd Class Swimmer by the end of your first academic year will render you ineligible to participate in further summer training as well as a review of your aptitude for commissioning.
- 2. Students who qualify at the 3rd Class Swimmer level will be required to be retested annually; those that meet 2nd Class Swimmer criteria will be exempt from future testing.
- 3. A video that illustrates these tests, as well as the grading criteria, can be found at: https://www.youtube.com/watch?v=-gIrh2xJJ5E.
- 4. The 3rd class swim test consists of stepping off a platform at least five feet above the water, a 50-yd. swim using any stroke, a five-minute prone float, and shirt/trouser inflation. The 2nd Class test includes the deep-water jump; a 100-yard swim demonstrating breaststroke, sidestroke, elementary backstroke, and crawl; and an additional float.
- 5. You are required to become familiar with the requirements of these tests and practice your swimming skills over the summer. The 3rd and 2nd Class swim tests will be administered during the school year. If you have any questions about these requirements or the testing criteria, please contact the NSO Admin Officer and Admin Chief.
- 6. Be sure to bring proper swimwear to NSO, as a swimming PT will be conducted. Swimwear shall be dark black in color. Bikinis or other two-piece suits are not authorized. The reference page contains examples of acceptable swimwear.

3.4 Physical Training Guidelines

Physical Training (PT) is an important aspect of the NROTC program; students will PT every week in preparation for a life of good physical health. Additionally, battalion members demonstrate their physical fitness in periodic testing. Students are expected to be within height and weight standards as defined by Navy and Marine Corps regulations. Physical exams are required for participation in physical events during NSO. Navy options must obtain a minimum score of "Good Low" in all areas of the PRT utilizing the 20-24 year age group for midshipmen and the appropriate age group for STA-21 OCs. Marine options must obtain a PFT/CFT score of 235. See below for the links to respective fitness guidelines.

Navy: Follow the link below to Guide 5: Physical Readiness Test (PRT) → Page 21 for the standards.

https://www.mynavyhr.navy.mil/Support-Services/Culture-Resilience/Physical-Readiness/

Marines: Follow the link below for PFT and CFT Standards. Clicking into each category will provide the scoring guidelines for that event. https://www.fitness.marines.mil/PFT-CFT Standards 17/

All options are required to **bring white ankle socks and running shoes**. Navy options will be provided with a set of blue Navy PT shorts and a yellow Navy PT shirt; Marine options will be provided with a green PT shirt and green PT shorts.

Failure to meet minimum standards in body composition, push-ups, plank, and the 1.5-mile run during New Student Orientation will result in administrative action, including a delay in activating scholarship benefits until minimum standards are met.

Navy Physical Readiness Test (PRT)

The Navy PRT consists of a 1.5-mile run, push-ups, and plank. Navy PRT standards can be found in Chapter 3, Section 20 of the Regulations for Officer Development (link as follows: https://www.netc.navy.mil/Commands/Naval-Service-Training-Command/Regulations-for-Officer-Development/) and OPNAVINST 6110.1. All Navy options are expected to meet the "Good Low" for ages 20-24 as defined by OPNAVINST 6110.1, which are provided in the table.

	push-ups	plank	run
females	21	1:30	14:15
males	47	1:40	12:00

The following videos provide examples of proper plank and push-up form:

Official Navy plank demonstration: https://www.youtube.com/watch?v=iPVKhj3dudA
Official Navy push-up demonstration: https://www.youtube.com/watch?v=Get-JgZvI0A

Navy Body Composition Assessment (BCA)

Navy height and weight standards can be found in OPNAVINST 6110.1, enclosure 2. Ensure you maintain a healthy diet, and exercise regularly to remain in standards leading up to and after NSO.

USMC Physical Fitness Test (PFT) and Combat Fitness Test (CFT)

The USMC PFT consists of a three-mile run, pull-ups, and plank. The USMC CFT consists of an 880-yard run in boots, ammo can lifts, and simulated maneuver under fire. You must meet the minimum score of 235 in both the PFT and CFT to pass.

A good resource for calculating your performance on the PFT and CFT can be found at https://www.hqmc.marines.mil/Portals/211/FitnessCalc/calcmini.html. Use this online resource over the summer to gauge your current level of physical fitness and prepare yourself accordingly to be ready for NSO.

The order (MCBUL 6100) for the USMC CFT and PFT can be found at: https://www.marines.mil/News/Publications/MCPEL/Electronic-Library-Display/Article/252453 7/mco-610013a-wch-4/

The Marine Corps body composition standards is available at the following link: https://www.mynavyhr.navy.mil/Support-Services/Culture-Resilience/Physical-Readiness/Guides/

Scroll to Guide 4: Body Composition Assessment (BCA) after following the link.

Pre-Entry Physical Training

The Navy recommends incoming members prepare themselves both mentally and physically for NSO and their participation in the NROTC program. There are many resources online for developing workout plans and understanding how to maintain a healthy diet. The Navy provides some information that can be helpful as you prepare for NSO. Consult the resources on the Navy ROTC website at

https://www.mynavyhr.navy.mil/Support-Services/Culture-Resilience/Physical-Readiness/. Remember, it is your responsibility to be prepared for physical activity this fall. Failure to do so may result in administrative action, enrollment in the command Fitness Enhancement Program, and potential delays in scholarship activation.

4. Sample Weekly Schedule (School Year)

4.1 NROTC Extracurricular Events

Monday: 0630-0730 Company PT

Tuesday: 0630-0750 Battalion lab

Wednesday: 0630-0730 Battalion PT

Thursday: 0630-0730 Regulation Drill 0730-0830 Bulldog Class

Friday: 0630-0730 Marine Practical Application/ Warrior Workout Program PT

Company PT occurs every Monday: Navy students will be assigned to one of three Navy companies and required to participate in the respective Company PT. Marine Options will PT with Bulldog Company. Company PT consists of a variety of workouts focused on improving the running endurance and muscle strength necessary to achieve high results on an individual's PRT, PFT, and CFT.

Naval Science Lab occurs every Tuesday morning. The purpose of this lab is to train battalion members on various Navy and Marine Corps military subjects, review battalion operations and pass information. Students are required to attend in the prescribed uniform of the day and will subsequently remain in uniform for the rest of the day.

Battalion PT occurs every Wednesday. It consists of a variety of physical training events with the purpose of preparing for periodic physical testing and developing midshipmen physically. All students, Navy and Marine Options, will participate in Battalion PT.

Regulation Drill occurs every Thursday morning at 0630 and is required for all freshmen. Students will learn the basics of close-order drill and develop the discipline and attention to detail required in the fleet.

Failure to meet "good low" or better on the PRT for Navy Options and failure to meet a "first class" on the PFT and CFT for Marine Options will result in immediate enrollment into the Fitness Enhancement Program which conducts PT on Friday.

Additionally, Marine Option Midshipmen are required to attend Bulldog Class each Thursday and Friday morning.

Students will often participate in battalion events that occur after classes during the week or over weekends. These include, but are not limited to, Officer of the Day Duty, Field Day (cleaning Clark Hall), Marine training (preparation for Marine Officer Candidate School), and Community involvement.

5. Important Information

5.1 Incidental Expenses

Students will be required to make certain purchases throughout New Student Orientation. Payment methods will vary by service or product, so it is advised that you bring a small amount of cash (\$40 in denominations of \$5 bills), a credit/debit card, and a deposit in your Husky Card Account.

Below are some of the expenses commonly encountered during NSO:

- Meals at "Center Table" dining facility of Willow Hall; must be paid with a Husky Card Account or a Visa / MasterCard. (Approximately \$10/meal)
- Uniform items include: a new package of white crew neck undershirts, shoe polish (\$15 for full kit), and shirt stays (about \$10). Students may bring their own items or purchase items prior to NSO.
- Laundry or dry cleaning services. (Approximately \$10/uniform item)
- Campus parking permit. Prices vary; therefore, you must contact Transportation Services at parkops@uw.edu for more information.

5.2 Point of Contact Information

NSO, UW NROTC and registration

New Student Orientation Admin Officer (NSOAO) – MIDN 1/C Matthew Schreiner

Email: mschr25@uw.edu Phone: (425) 507-5856

New Student Orientation Admin Chief - MIDN 3/C Connor Sudol

Email: <u>clsudol@gmail.com</u> Phone: (703) 867-7004 Website: <u>http://nrotc.washington.edu/accepted-students/</u>

On Campus Housing

Student Services Office

Email: hfsinfo@uw.edu Phone: (206) 543-4059

Website: https://hfs.uw.edu

Husky Cards and associated accounts

Husky Card Account and ID Center

Email: huskycrd@uw.edu Phone: (206) 543-7222

Website: https://hfs.uw.edu/Husky-Card-Services

Parking locations and fees

UW transportation services

Email: parkops@uw.edu Phone: (206) 685-1553

Website: https://www.washington.edu/facilities/transportation/park

5.3 Useful Links

The following links have been provided to lessen confusion regarding authorization of articles and/or regulations. You are encouraged to contact the NSO Admin Officer at mschr25@uw.edu or the NSO Admin Chief at clsudol@gmail.com. if you have any questions about what is acceptable.

Sample Items to Purchase

Male Black Polo:

https://www.amazon.com/Hanes-Sleeve-X-Temp-FreshIQ-3X-Large/dp/B06W5SPNQX/ref=sr_1_6?keywords=male+black+polo&qid=1654631120&sr=8-6

Male Khaki Pants:

https://www.amazon.com/dp/B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_rd_i=B00604PL5O/ref=sspa_dk_detail_2?psc=1&pd_r

Female Black Polo:

Female Khaki Pants (ensure pant legs extend past the ankles):

https://www.amazon.com/LEE-Womens-Wrinkle-Relaxed-Straight/dp/B07R9G64QH/ref=sr_1_12?crid=L0AS3X18GI04&keywords=female+khaki+pants&qid=1654631370&sprefix=female+khaki+pants%2Caps%2C135&sr=8-12

Casual dress oxford shoes:

https://www.amazon.com/dp/B00BPOJ72A/ref=cm sw r cp ep dp 9-q-AbHZKBJ8S

White crewneck undershirts:

https://www.amazon.com/dp/B0097M96KC/ref=cm_sw_r_cp_ep_dp_n8q-AbC1E8NSX

Female swimwear:

https://www.amazon.com/dp/B00DS9A4N8/ref=cm_sw_r_cp_ep_dp_17q-Ab2H38SRO

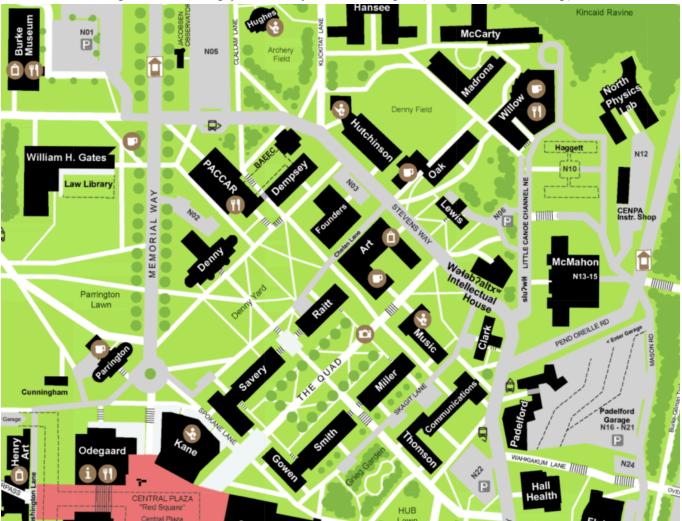
Male swimwear:

https://www.amazon.com/dp/B004Q9T8X6/ref=cm sw r cp ep dp F7q-AbQP8W1N1

5.4 Driving Directions from SEATAC to Clark Hall

- 1. Take I-5 North to Exit 169 NE 45th St
- 2. Turn right to head east on NE 45th
- 3. Turn right on 17th Ave NE (17th Ave NE becomes Memorial Way)
- 4. Turn left just past the Gatehouse onto Steven's Way
- 5. Follow Steven's Way to Clark Hall 2103 Skagit lane Seattle, WA 98195 (see map below)

The Link LightRail will drop you off very close to campus (use the U District stop)



An interactive campus map can be found at http://www.washington.edu/home/maps/

6. UW NROTC Frequently Asked Questions

6.1 FAQ Sheet

1. What are my career possibilities with an NROTC scholarship?

- Surface Warfare Officer (including Nuclear Option)
- Submarine Officer (Nuclear Option)
- Naval Aviator or Naval Flight Officer (NFO)
- Special Warfare Officer (SEAL) or Special Operations Officer (EOD)
- Cyber Warfare Engineer
- Marine Corps Officer **
- US Navy Nurse Corps (for students with a nurse-option scholarship)

Service assignment to your first choice will be heavily based on your academic performance, leadership aptitude, and physical readiness demonstrated in the battalion.

** Marine assignments are made following completion of The Basic School (TBS), after graduation and commissioning from the NROTC program.

2. What are some activities in which I can get involved?

Incoming freshmen midshipmen are required to be on the Regulation Drill team. Each year, battalion members participate in the annual Northwest Navy Competition in a number of events. Participation in sports and other clubs or activities outside the Battalion are encouraged, however extracurricular shall not interfere with ROTC duties. Additionally, freshmen midshipmen are encouraged to join our Sailing Team, which sails every Saturday morning.

3. When do I wear my uniform?

Uniforms will be worn once a week, normally on Tuesdays from 0630 to 1630. Uniforms will sometimes be required for other Battalion events.

4. Can I travel or study abroad?

Students may be allowed to travel or study abroad, provided such travel does not interfere with their planned date of graduation and the students are excelling in academics.

5. Where is parking located when I come to the University of Washington?

Parking is located throughout the campus; however, all parking areas are fee-based and may require specific permits. Parking Services do not open until 0600, so permits must be purchased the night before to park on campus. The E-1 parking lot is an exception; it uses electronic credit/debit card readers and is 6 dollars daily. If parking in E-1, it will take approximately 10 minutes to walk to Clark hall.